

Cauterisation of the nose

This will be performed if appropriate during your consultation. Topical local anaesthetic will be applied to the nose. Silver nitrate will then be applied to the bleeding point. This causes a mild chemical burn to seal the bleeding point. The procedure may be mildly uncomfortable and may cause some sneezing. You will be able to drive after this procedure

Usually an antibacterial cream called Naseptin will be prescribed after the procedure. This is to be applied twice a day to the area cauterised for up to a few weeks after the procedure (Naseptin contains a nut oil so should not be used if you have an allergy to nuts).

After the procedure you may experience a little bleeding in the first week or so, this is normal. The area that has been cauterised will start to go crusty, do not pick the crust as the blood vessel is healing behind this. You can blow your nose but **GENTLY** only. If you sneeze try to do it with your mouth open to reduce the pressure inside your nose.