

Flexible Fibreoptic Nasolaryngoscopy

This out-patient examination procedure is carried out to diagnose conditions of the nose and throat. A flexible laryngoscope



- allows close up views of inaccessible areas of the nose and throat
- the flexible instrument allows us to see around corners
- very bright illumination helps diagnose conditions of the nose, nasopharynx, larynx and hypopharynx accurately
- the vocal cords can be seen in motion

The picture below shows normal vocal cords



Having flexible fiberoptic nasolaryngoscopy: What to expect

Before the procedure

- you may receive a local anaesthetic spray immediately beforehand
- if local anaesthetic is used it will taste bitter and you may imagine your throat feels swollen (this is just the local anaesthetic working and the feeling disappears within 20 minutes)

During the procedure

- the instrument will be passed gently through your nose
- sit still and breathe through your mouth
- you may be asked to sing a high pitched note or to cough – do not worry, you will be told exactly what to do during the procedure

After the procedure

- we will normally tell you the result of the examination straight away
- you should not eat or drink until the local anaesthetic has worn off – often in about 30 minutes to an hour
- you should be ok to drive without any problems after the consultation