

Rigid Nasal Sinus Endoscopy



This out-patient examination procedure is carried out

- to diagnose conditions of the nose, sinuses and nasopharynx accurately, using
 - a Storz Hopkins rod telescope (a rigid lens system telescope as opposed to a flexible fiberoptic telescope) for magnified view of narrow openings
 - angled lenses to see around corners
 - high power magnification
 - very bright illumination
- to carry out minor treatments such as
 - removal of blood clots & crusts following nasal surgery
 - sucking out pus from infected sinuses
 - cautery for nosebleeds

Having rigid nasal sinus endoscopy: What to expect

Before the procedure

- you may receive a local anaesthetic spray immediately beforehand (this is not always required)
- the local anaesthetic will taste bitter and you may imagine your throat is swelling up. Don't panic, that is just the local anaesthetic working

During the procedure

- the instrument will be passed gently through your nose, you will be told exactly what to do during the procedure
- lie still and breathe through the mouth

After the procedure

- we will normally tell you the result of the examination straight away
- you should be ok to drive after the procedure